# College Psychology

## Mrs. Elizabeth Lia

## elia@nfschools.net

## Room 417

 Welcome to College Psychology! This year we will be studying Psychology as an introductory college level course through Bryant and Stratton College. **All students will receive PSYCH 101 credit for FREE after completion of all course work that includes a final project and research paper.** This is a unique opportunity for Niagara Falls High School students who wish to begin their college courses in high school, especially those interested in Psychology, Social Work, Counseling and other health related services.

Every Friday we will be joined by one of Bryant and Stratton College’s professors who will engage the students in a variety of activities. This is a great way to see first hand how a college classroom is run and give you an edge when you start your college career.

All assignments, including tests and projects, will be based on a point system depending on the length and amount of work involved. Be prepared to do lots of reading, projects, debates and research!

We will be using Introductory Psychology an online edition by Bill Pelz at SUNY Herkimer College. The syllabus will be as follows:

1. Introduction to Psychology
2. Psychological Research
3. Biopsychology
4. State of Consciousness
5. Sensation and Perception
6. Learning
7. Thinking and Intelligence
8. Memory
9. Lifespan Development
10. Emotion and Motivation
11. Personality
12. Stress, Lifestyle and Health
13. Psychological Disorders
14. Therapy and Treatment
15. Social Psychology

It is imperative that you have good work habits and attendance, an open mind, and the desire to be successful. Please come to class ready to learn with all materials needed for the day including a binder, lined paper, and a black or blue pen. Cell phones are a distraction to your learning and those around you. As young adults preparing to go to college you must learn self-discipline and responsibility. Playing games or binge watching a show will only interfere with your learning. After all that, cell phones are permitted for emergencies and research when computers are unavailable. Many college professors do not allow ANY electronics in class so that you are paying attention to instruction and not buying new sneakers online.

We are going to have an interesting year! I look forward to lively discussions, great questions and seeing all of you develop the skills to be successful in college. Please feel free to email me at any time or stop by my room if you need extra help.

“I understand that in order to receive PSYCH 101 credit from Bryant and Stratton College I must successfully complete all course work, a final project, and final research paper. I promise to be to class on time, complete my work in a timely manner, and be respectful to both the teacher and students.”

 Student Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Parent/Guardian Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SuppliesNeeded

2-inch binder

Notebook filler paper

Black or blue pens

Highlighters